

THEORIES AND TECHNIQUES  
OF COUNSELING

Carl Gustav Jung (1875-1961)

In your small group, discuss and then summarize for the larger group the following:

- (A) What part does symbolism play in your life? (e.g., religion, literature, advertising, television)
- (B) Do these symbolic forces need to be recognizable (conscious) to be powerful? Discuss both sides of this issue.
- (C) Jung wrote, "Learn your theories as well as you can, put them aside when you touch the miracle of the living soul." What do you think he meant by that?
- (D) His motto as a therapist was, "Anything goes, as long as it works." Do you agree or disagree?
- (E) Jung did not view psychopathology as a disease or deviation from normal state. He suggested that symptoms are to be considered to be an unconscious message to the individual that something is awry, presenting a task that demands to be filled. What are your thoughts about this? Agree? Disagree?